

Banana Chocolate Peanut Mousse

30 min prep

6 servings

Ingredients

1 pound silken tofu

¼ cup creamy peanut butter

3/8 cup honey

¼ cup cocoa powder

Garnish

2 Tablespoons peanuts crushed

1 banana sliced

Method

Place the tofu, peanut butter, honey, and cocoa powder into a blender and blend until smooth.

Divide the blended mousse between glass cups and refrigerate for 25-30 minutes.

Garnish with peanuts and bananas.