

Avocado Toast

Ingredients

2 Slices Whole Wheat Bread (Toasted)

½ Avocado, mashed

Ingredients (condiments to taste)

Chopped red onions

Cherry Tomatoes

Roasted Corn (in summer)

Garlic Powder

Cayenne

Instructions

1. Toast the wheat bread.
2. Spread smashed avocado onto toast.
3. Add condiments to taste, including halved cherry tomatoes, chopped red onions, and seasonings.